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# CAMPUS MINISTRY NEWSLETTER

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Dear Green Wave Parents, Students and Friends,

This time in our liturgical year brings with it some different emotions. This Sunday we will celebrate the Ascension of the Lord. We should feel joy in Christ's return to the Father. His Death, Resurrection and Ascension into heaven gives us hope for our eternity with God. But, we need not look to far to see that with Christ leaving the Apostles came uncertainty. We face uncertainty, not just in our current situation, but in our everyday lives. How do we deal with it? For the Apostles present with Christ before His Ascension into heaven, he gave us the instructions for uncertainty: "And behold, I am with you always, until the end of the age" Matthew 28: 20. Christ is with us, present in every moment. One of the biggest problems of this age though, is our inability to see Him with us. My mind is constantly moving, as I'm sure some of you can relate to. After Christ ascended into heaven, the Apostles retreated into the upper room and prayed. They did not run about Jerusalem for a week wondering what to do.

**Faith resources to help you and your student navigate this time together and in faith and love for Jesus Christ. Above: Holy Father Pope Francis celebrating Mass at the tomb of Saint John Paul the Great.**

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They quieted themselves in preparation for the coming of the Holy Spirit on Pentecost. May we, in our uncertain moments, slow down, so as to listen to the will of God in our lives. May we trust in His promise to be with us “until the end of the age.”

Every week we will provide faith links to draw us closer to Christ and to His Church:

Catholic Answers, a wealthy resource of knowledge about our faith, published an article about the historical reality of the Ascension. Christ ascending into heaven is an important fundamental aspect of our faith that we proclaim every time we are in Mass. You can read the article here: <https://www.catholic.com/magazine/online-edition/did-the-ascension-really-happen>

The Diocese of Columbus is starting the Novena to the Holy Spirit tomorrow, May 22, all the way to the coming of the Holy Spirit on Pentecost. You can follow the prayers for the Novena on the Diocesan social media feeds: @DioceseColumbus on Twitter and @diocesecolumbus on Instagram.

Last week I shared with you some of my favorite Catholic podcasts. What I would like to share today are some of my favorite Catholic apps for your phone. We all have them, and we are attached to them anyway, why not use them to draw us closer to Jesus Christ. In theology class, Mr. Ball and I ask our students to have iBreivary and Laudate downloaded on their school iPads. Both offer prayer aids, access to the readings of the day, liturgy of the hours among many other features. I am a fan of the interactive Rosary in Laudate. Hallow is a recent addition to my phone, and offers guided prayers such as the Rosary and Chaplet of Divine Mercy. It provides a Catholic alternative to mindfulness apps that are all the rage. Mindfulness is great, but first and foremost, we must remain grounded in our faith.

Social Media feeds of the week: Sarah Swofford, speaker and mother. @SarahSwofford18 on Twitter and sarahswofford18 on Instagram.

Emily Wilson, speaker, mother, musician. I first heard Emily at the National Catholic Youth Conference in 2017. @emwilss on Twitter and emwilss on Instagram.

I would like to leave you today with the prayer for the day as found in the Laudate app: Lord Jesus, we are an Easter people, and alleluia is our song. Fill us with your Holy Spirit that we may radiate the joy of your Resurrection and live in the reality of your great victory over sin and death. Amen

God Bless you all.

Chris Grieb

Campus Minister